



KNOW YOUR MEDS



KNOW How to Throw Away Medication Safely



When should I throw away my medication?



Medication cannot be identified after checking with your pharmacist



Medication is expired or expiry date is unknown



Medication has changed in appearance (e.g., changed in colour)

Throw Away at Home



Tablets, Capsules and Creams



Syrups and Eye Drops



Patches

Pack these medication into a black trash bag and seal it tightly before throwing into the rubbish chute or bin



Needles and Syringes

Throw away along with the used needles into a metal tin or thick plastic container (e.g., detergent bottles)

Return to Pharmacy



Bring these medication back to the pharmacy you collected from for disposal

- Anti-cancer medication
- Antibiotics
- Controlled drugs



Remove your personal information (e.g., name and NRIC) on the medication labels before disposal



A National Pharmacy Strategy initiative
go.gov.sg/nps



In Collaboration with
Pharmaceutical Society of Singapore



MINISTRY OF HEALTH
SINGAPORE